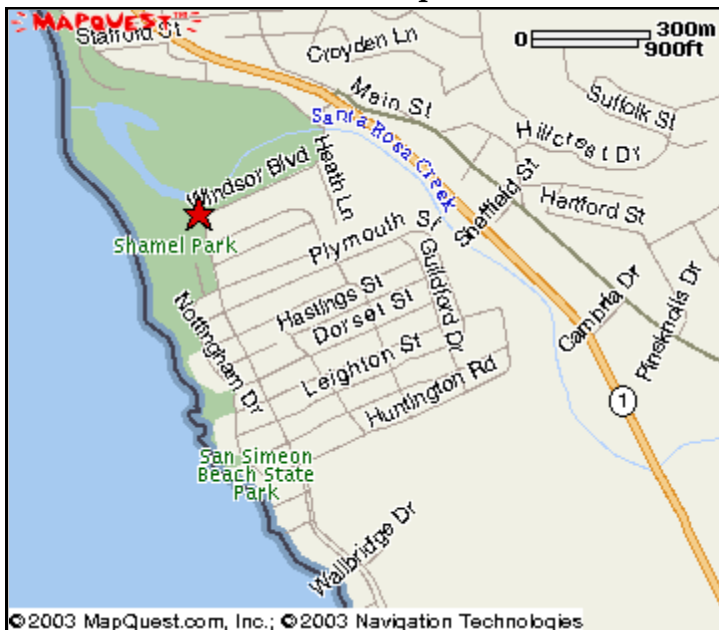


Area Map



SLO Soles on the web at <http://www.slosoles.org>

Cambria, CA
July 19 & 20, 2003
5 & 10 km Volksmarch
 (Sanction PA03/048)



Please pre-register not later than July 9, 2003.

Name	Award \$7.00	Credit \$3.00	Free

Address: _____

E-mail address: _____

Make Check Payable
& Mail to:

SLO Soles
 P.O. Box 553
 Templeton, CA 93465

Cosponsored by
SLO Soles (AVA 912 / CVA 60)
&
Central Coast Peregrine
Pathfinders (AVA 876 / CVA 59)



Volksmarch: A volkssport events are non-competitive walks. They do not charge large entry fees because they are not a pledge walks or races. They are fun activities you do with a club, with your family, with your pet, or all by yourself. Volkssports got its name from its origins in Europe. Today there are thousands of volkssport clubs around the world, allied in the International Volkssport Federation, the IVV. The American affiliate of the IVV is the American Volkssport Association, the AVA. The AVA's Home Page on the Internet is at <<http://www.ava.org>>.

Eligibility: These events are open to everyone. An adult must accompany children under 12. Dogs must be on a leash.



Start/Finish Point: Shamel County Park, Cambria, CA. This walk is in San Luis Obispo County, CA.

Start/Finish Times: Start at any time between 8:00 and 12:00 noon on either day. All participants must be off the trail by 3:00 p.m. The event will be held rain or shine. No refund for no shows.

Awards: The CCPP's "Pooter Patch 2003: depicts Pooter, our club mascot, walking past the Minuteman III ICBM display on our Vandenberg AFB YRE route. This patch will be available at all of our events during 2003. It will again include city tabs for all 10 of our locations. You may get the basic patch or—if you do sanctioned events in five of the locations—you can get an "uncut" patch for an extra three dollars.

Event Registration Fees: All walkers must register and carry a start card.

"A" award (includes IVV Credit)	\$7.00
"B" Award (includes IVV Credit)	\$4.00
IVV/AVA Credit Only	\$3.00
Walk Only	Free

Refreshments/Restrooms: Water and restrooms are available at the start/finish point and at Leffingwell Landing.

Routes: Both routes are rated 1+ by the AVA because parts of it are on dirt and gravel trails rather than pavement, because there is one gentle hill. The walk goes through Shamel County Park, Moonstone Beach Parklands, East West Ranch, and residential areas of Cambria. All along the route are rustic benches for resting and enjoying the view as well as picnic tables in both Shamel County Park and Leffingwell landing. The walks are not suitable for strollers or wheelchairs because of the terrain.



Disclaimer: Every reasonable effort will be taken to make the event safe and enjoyable for everyone. However, the CCPP cannot be held responsible for any lost or stolen articles, accidents, or injury of any kind.

For Additional Information: Please contact either Susan Marks, 6485 Calabaza Way, Paso Robles, CA 93446, 805-237-8744 (home), or Bill Uttenweiler: 805-606-2017 (work), 805-349-0134 (home) or e-mail wuttenwe@concentric.net

Directions: (See Map on Reverse)

- From the North
 - Take US-101 south past Paso Robles, to CA-46 West
 - West on CA-46 to CA-1 (Pacific Coast Highway)
 - North on CA-1 to Cambria.
- From the South
 - Take US-101 north to San Luis Obispo
 - Take CA-1 North to Cambria
- Exit on Windsor Blvd. Left turn at a traffic signal
- Continue across the bridge and around the curve to Shamel County Park, our start/finish. Look for the signs
- There are two parking areas, plus additional parking on the street.

Your Co-Sponsors:

The SLO Soles (based in Templeton) is in the process of becoming California's newest volkssport club. Their application for AVA membership has been signed by both the CVA President and the Pacific Region Director. Until membership is approved, they cannot sponsor events on their own.

The CCPP (based in northern Santa Barbara county) has offered advice and encouragement ever since it learned the Soles were forming. What better way to do that than to help them show you this beautiful trail (which they've already used for a "workers' walk")?

Nearby Year Round Events: Avid volksmarchers may want to visit the CCPP's nearby YREs. They include:

- 11/14 km walk in Los Osos, CA
- 10 km walk in San Luis Obispo, CA
- 10 km walk in Pismo Beach, CA
- 10 km walk in Santa Maria, CA
- 10/12 km walk on Vandenberg AFB, CA
- 10/13 km walk in Lompoc, CA
- 10 km walk and 25 km bike in Buellton, CA
- 10/11 km walk in Solvang, CA
- 10/15 km walk in Santa Barbara, CA
- 10 km walk in Carpinteria, CA